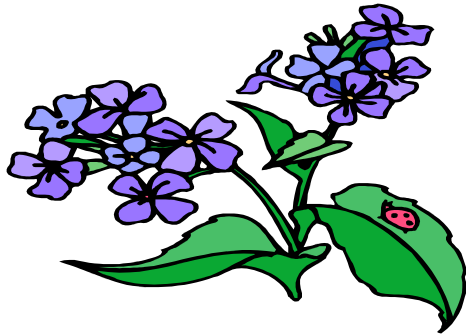




April, 2008

Sandown Central News



A FEW WORDS FROM THE PRINCIPAL....

Dear Parents:

As we move into spring break, please encourage your children to get outside to enjoy the warmer weather and get some exercise. Spring has sprung!

The children have been very busy with our Bingo for Books, 4th grade Groundwater Presentation, field trip to Lowell Mills, the D.A.R.E. graduation, and the Ben Edwards visit.

We are celebrating Earth Day with a sneaker collection drive, spearheaded by our Student Council. Smelly, but good in helping the environment ! ☺

The whole school will be attending a special performance of "My Fair Lady" at the PAC on May 6th. This should be a special treat for them! The students from the high school are performing and have invited the elementary schools for this unexpected treat.

Many parents have continued to come in for parent/teacher conferences. We thank you for your support and involvement in your child's education.

The fourth graders will be participating in the NECAP Science Test in May. I will be sending more information home in a formal letter after April vacation.

There will be a Math night presented by the PTA at Sandown North, on May 7th, from 6:00-7:00. This will be a great family night and information about the town summer program will be presented.

Parents, if you get a chance, you might want to check out our school website, <http://www.sandownschool.com> and take the Strategic Planning Survey. The school district would love your input and here is your chance to have your voice heard!

I truly enjoyed the performance of the all-4th grade concert on April 9th. We continue to have many talented musicians in our schools!

Happy Spring!

Sincerely,

Douglas E. Rolph
Principal, Sandown Central School
drolph@sandownschool.com



Have some fun during Spring break!

SANDOWN CENTRAL NEWS

FIFTH GRADE NEWS...

The highlight of this month's news is our DARE essay contest winners and graduation. We can't thank Sergeant Aurie Roy enough for coming into each of our classrooms these past eight weeks to share information about drugs and alcohol. She helped children learn how to use the DARE decision-making model to resist peer pressure. This model is a life-long skill that can be used when making any important decision.

Mr. Stone's classroom DARE essay winner was Chris Raymond, Mrs. Riley's winner was Cathy Demers, Ms. Gerry's winner was Kiara Shaeffer and Mrs. Magee's winner was Lauren Hastings. They will read their essays at our graduation tonight, Thursday, April 24th. Students will be dressed in official DARE t-shirts provided for them by the Sandown Police Department.

Even though the weather is getting warmer we are still working hard on our fifth grade studies. Students are learning about the American Revolution and will be traveling to Boston twice to view stops on the Freedom Trail. This year there will be a special trip on May 22nd to the USS Constitution and Bunker Hill, as well as a viewing of the film, *The Whites of their Eyes*. On May 29th we will travel back to Boston to walk other stops along the Freedom Trail. We will have a guide dressed for the time period sharing important information making the Revolution come alive for our students.



Students are buzzing about the annual Lip Synch. They are forming groups and choosing songs to share at the event on June 18th. We look forward to all our end of the year activities in fifth grade!

Fifth Grade Team

FOURTH GRADE NEWS...

Spring has sprung in fourth grade with many learning activities! Our students have been

immersed in the history of NH leading up to our exciting field trip to the Lowell Mills. Each class has rotated through a series of lessons conducted by each fourth grade teacher. Mrs. Gilman presented a Mill Girl Reader's Theater where the students were able to act out historical roles of the people of Lowell. Mrs. Mortenson gave a first hand view of the mills and the artifacts she has collected from her trips there. Mrs. Bailey read Bobbin Girl to the classes and engaged the students in various activities. Mrs. Douglas presented a multimedia activity showing a video of the history of the mills as well as online resources to teach children about the history of labor and the work conditions of the mill girls. The mini-unit ended with a field trip to the Lowell Mills on a beautiful sunny day. The kids enjoyed their tours, trolley rides and hands-on historical activities. Thank you to all the chaperones who joined us!

In science, the classes are wrapping up their Erosion Unit. Students have experimented in almost every activity to demonstrate the process of erosion. Stream tables, sand, soil, beakers and water are just some of the materials that have taken over our classrooms. The children have done a fantastic job working cooperatively to predict, experiment and reflect upon many aspects of erosion and deposition that affect the Earth's surface.

Writing class has been busy with the fourth-grade writing piece called Explanations. Each fourth grader has learned about, practiced, and composed their own Explanation from topics ranging from their own inventions to how the human body works. Students have also continued the practice of writing letters to Pen Pal buddies in third grade. Our fourth graders shared their knowledge of the transition to Sandown Central with the upcoming third graders from Sandown North. We will have a meet-and-greet coming up in the month of May. Using recent technology added to the computer lab, students will be able to meet their Pen Pals over distance learning.

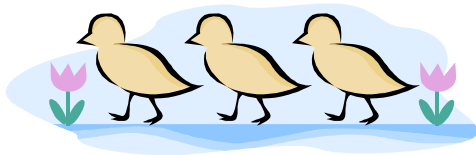


SANDOWN CENTRAL NEWS

Welcome to Mrs. Robinson who will be taking over the teaching role for Mrs. Douglas while she is on maternity leave. Mrs. Robinson has been in our school substitute teaching several times and has a good knowledge of the fourth graders as well as the curriculum. We look forward to her joining our team of teachers!

On a final note, the last few months of school are filled with many exciting learning activities for our students. Please remind your child that we are preparing them for expectations set in fifth grade. Fourth grade teachers still expect good behavior and effort through these warmer days. Have a super April vacation!

Fourth Grade Team



News from the Art Room

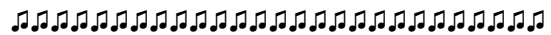
All of the students have been very busy getting prepared for the Annual Spring Art Show. The students' gallery will showcase the talents of Sandown Central's budding artists. The night will be filled with music, food, and fun. We hope to see you on Tuesday, May 20th from 6:30-7:30pm, as you have the opportunity to see your child's artwork on display. They have all worked very hard on creating such beautiful pieces of art for you to see! Our talented singers in Chorus will also be performing at the Art Show. Thank you, Mrs. Quigley, for coordinating the performance! Also, there will be a DVD presentation of all the portraits we took in October for our Artist in Residence program.

They will be for sale the night of the Art Show to help support the A-I-R program!

If you volunteered to bring in a dessert, please bring directly to the cafeteria on Tuesday night and place on the "sweets table".

Thank you!

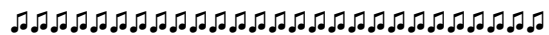
Mrs. Lenihan, Art Teacher



Music Notes

Advanced fourth and fifth grade strings students are busily preparing for their May Concert with the Middle School Orchestra on **Wednesday, May 21st at 7 pm (tuning at 6:15 pm)**! Please help ensure your child attend the **only** district-wide rehearsal, **Tuesday, May 13th from 6:30 pm until 8:00 pm.**, when we rehearse on the stage at the PAC with all the other fourth and fifth grade string players from the entire district! The orchestra is like a team: if one part is missing, it cannot perform. We need to put all our different musical parts together to create an entire work. We look forward to sharing our music with you on May 21st, and then listening to the Middle School Orchestra performance after us! What a great musical evening!

Marjorie Nelson, Strings Teacher



NEWS FROM THE GYM

The Physical Education activities for the final Trimester include: Gymnastics, Tumbling and Vaulting, Circus Skills such as Spinning Plates, Juggling, Diabolos and Rhythm Sticks, Tennis and Whiffleball.

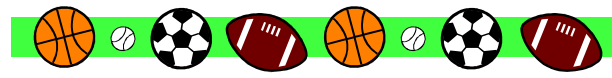


SANDOWN CENTRAL NEWS

The Jumprope for Heart and Hoops for Heart Fundraiser was a success again this year. A total of \$3,517.00 was raised. Participants may expect their prizes within the next three weeks.

Sandown Central Field Day is tentatively scheduled for Wednesday, June 4, 2008 with a rain date of Wednesday, June 11, 2008. A confirmed date and Parent Volunteer sign-ups to run the stations will be sent home in our students' Sandown Express in May.

Mrs. DeCristofaro, Physical Education



News from Speech & Language

May is Better Speech and Hearing Month. Did you know that 10 million Americans have noise induced hearing loss? Every day, about 30 million of us are exposed to dangerous noise levels. We know that children with hearing loss, even if it is minimal, have difficulty understanding communication, sometimes have academic problems such as following directions and listening, and they often have feelings of isolation, embarrassment, and confusion. What can you do as parents?

Protect your children's hearing by:

- Avoiding and limiting exposure to noise
- Limit use of loud appliances, equipment, and toys
- Do not put cotton swabs into the ear
- Protect the ears by using ear plugs. They can totally block the ear canal, and the ear plugs reduce the noise exposure. Ear muffs also work well to protect your ears. Headphones also reduce the amount of noise exposure. Some good headphones are available at some of these websites:
www.bose.com,
- www.califone.com, www.ear3.info,
www.okss.com.

www.hearingcomponents.com/noisereduction.htm, and there are many other places to obtain good headphones.

If your child owns an Ipod or an mp3 player, you can help reduce the possibility of hearing loss by:

- Keeping the volume down by half.
- Limit the listening time so that you give your ears a break.
- Upgrade your "earbuds" or earphones, and make sure they fit well.

Here is a list of noise levels of everyday sounds. Sounds under 85 decibels are generally safe; however, listening to sounds over 85 decibels for long periods of time can result in hearing loss. More than half of the high school students in the country report having at least one symptom of hearing loss. But it is never too late to start protecting our hearing!

NOISE LEVEL	SOUND
140 dB	firecrackers
130 dB	jackhammer
120 dB	jet plane takeoff
110 dB	rock concert
100 dB	chain saw
90 dB	motorcycle
80dB	alarm clock
70 dB	vacuum cleaner
60 dB	normal conversation
50dB	moderate rainfall
40dB	quiet room
30 dB	whisper

For further information, contact your speech-language pathologist or audiologist. Information can also be found at the American Speech and hearing website, ASHA.org

Mrs. Eileen Hull, Speech-Language Pathologist



SANDOWN CENTRAL NEWS

Counselor's Corner

YOUR STUDENT COUNCIL IS SPONSORING A SNEAKER RECYCLING PROGRAM. NEXT WEEK, THE SCHOOL WILL BE COLLECTING OLD SNEAKERS. WE WILL START COLLECTING SNEAKERS ON TUESDAY, APRIL 22, 2008. THIS EVENT WILL BE RUNNING UNTIL THURSDAY, MAY 22, 2008. THERE MAY EVEN BE WEEKLY PRIZES. MORE TO COME ON THIS TOPIC.

THE CLASS THAT COLLECTS THE MOST SNEAKERS WILL GET A FREE PIZZA PARTY!!! DON'T FORGET, THE SHOES THAT YOU BRING IN MUST BE SNEAKERS. NO SNEAKERS ARE TOO SCUMMY OR TOO SMELLY. THE SNEAKERS THAT YOU BRING IN CAN BE ANY SIZE AND ANY BRAND, AS LONG AS THEY ARE SNEAKERS!!

REMEMBER TO GET PERMISSION FROM YOUR PARENTS OR GUARDIAN TO BRING IN YOUR OLD SNEAKERS.

THANK YOU FOR YOUR DONATION!

Submitted by: Christi Bailey



MARK YOUR CALENDARS!

- 5/6 "My Fair Lady" – 9:00am PAC
- 5/7 PTA Math Night – Sandown No. 6:00pm
- 5/8 PTA Staff Appreciation Luncheon
- 5/12-29 Science NECAPS Testing
- 5/15 Early Release after lunch
- 5/20 Student Art Show – 6:30-7:30pm
- 5/21 Artist in Residence Presentation
Grades 4&5 Strings Concert – PAC
7:00 pm
- 5/22 5th Grade Field Trip - Boston
- 5/26 Memorial Day – No School
- 5/29 5th Grade Field Trip – Boston

DID YOU KNOW

that from our school website:
<http://www.sandownschool.com> you can find:

Current and past editions of our newsletters?

Library links to on-line databases?

Our school handbook?

A "photo album" of school activities involving your students?

A staff directory?

Lunch menus?

School health information?

Bus routes?

School calendars?

Links to the PAC schedule and a

Link to the Town of Sandown?

Why not bookmark it as a "favorite" for school info?